

# Hash Trash

CORPUS SANUM IN CORRENDO ET EBENDO

Nairobi Hash House Harriers  
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## Notice Board

- ❖ The Ksh. 150 registration for runs will only be accepted from people who actually run or at least walk
- ❖ To get a Hare Appreciation mug, Set a run and do a critique send it to the scribe then claim your mug from Brianless
- ❖ New people must be informed about hash rules

[www.interhash2012kenya.com](http://www.interhash2012kenya.com)

Date	Run#	Location	Hares	Critic
Jan 5 <sup>th</sup>	1641	Crackers – Muthaiga Mini market. From town pass Aga Khan Hospital, continue till Muthaiga Mini market. Crackers is at the back side.	ATR & Charcoal man	Kichwa Mbuzi & Ombasa
Jan 12 <sup>th</sup>	1642	Park Place – Magadi Road	Mguu & Nyonyo	ATR & Charcoal man

**Hares must critique the run following theirs so as to qualify for a hare mug. Send your critiques bv**

## WEEKEND RUNS

DATE	RUN	VENUE	HARES
Jan 31	Farmers Choice Chase	TBA	Farmers choice
Feb 14	Valentines Ball	TBA	Mismanagement
Mar 14	1650 <sup>th</sup> run	TBA	Mismanagement
Apr 25	X-Country	TBA	ATR
May 1 - 3	African Interhash Kampala	Kampala	Kampala HHH
June 13	Ngongathon	Ngong Hills	Topi
July 11th	Great Rift Run	Green Park	Wet Fcuk
July 25th	Half Marathon	TBA	Mismanagement
Sept 5th	Mt. Kenya Run	Sportsman Arms Nanyuki	Mismanagement
Oct 3rd	Naivasha Relay	CrayFish Camp, Naivasha	Mismanagement
Nov 7th	Pub Crawl	TBA	Mismanagement
Nov 23rd	Hash AGM	TBA	Mismanagement

**urgently:**  
 Send jokes to  
[nhhhscribe@gmail.com](mailto:nhhhscribe@gmail.com)

**Critique of run 1639 from Impala Club**

Run 1638 from Impala Club may not have been the best attended run of the year, but it was attended by the best. Idiot and Crackass were in charge. It was an arduous run, or so I am unreliably told, for your humble critic got lost and still has no real idea of where the run was supposed to go. However, it was great to revisit Jambhuri Park show ground and be reminded of my youth's first candyfloss. Down downs were back at Impala Club. The RA went low on the Hashional Anthem and Bogus turned up with a Virgin twice his height. A number of returnees turned up, including Dexter who was there for his regularly six-monthly run. The Virgin Anna, or Anne (we never did get that straight) was taught the noble art of slugging down a beer at the count of ten, or giving it to someone that can help. The RA was punished for polluting the forest. Half mast mitumba kept his usual rowdy company with comments too gentle to be repeated here. Crackass and Idiot got their dues.

Finally, your humble critic lost the notes he had stolen from the RA. Hasta la proxima.

**AFRICA HASH - KAMPALA SPECIAL OFFER**

Kampala Hash House Harriers are pleased to extend a very special offer, only to Kenyan Hashers, of US\$ 125 as registration fee for the Africa Hash event in Kampala on May 1<sup>st</sup> to 3<sup>rd</sup>, 2009. This offer is valid if payment is done before December 31<sup>st</sup>, 2008. (Pls note that the normal registration fee is US\$ 175). This registration does not include accommodation or transport. However, the previous package that included air transport and accommodation is still valid.

Pay now to the NHHH Kitty Keeper, Watchie (Esther) – Mobile: 0722-660535 Email: [esther@bmsecurity.com](mailto:esther@bmsecurity.com)

## Mismanagement

	Title	Name	"Social Line"	E-mail
1	Grand Master	Joe Big	0722207203	<a href="mailto:jkamau@emc-corp.net">jkamau@emc-corp.net</a>
2	2012 World Interhash Bid Master	Mpira	0735-522892	<a href="mailto:mainakariuki@gmail.com">mainakariuki@gmail.com</a>
3	Trail Master	Strungi	0722747712	<a href="mailto:JKanyarati@yahoo.com">JKanyarati@yahoo.com</a>
4	Kitty Keeper	Watchie	0722660535	<a href="mailto:esther@bmsecurity.com">esther@bmsecurity.com</a>
5	Religious Advisers	Gun Slinger	0735-5555500	<a href="mailto:GUNNAR@kobo-safaris.com">GUNNAR@kobo-safaris.com</a>
6	Recorder	Conjestina	0733-600327	<a href="mailto:vermschu@africaonline.co.ke">vermschu@africaonline.co.ke</a>
7	Assistant Recorder	Dreams		
8	Habberdasher	Brainless	0722-415005	<a href="mailto:anita_lohnberg@yahoo.com">anita_lohnberg@yahoo.com</a>
9	Flash & Horn	One Night	0734-679089	<a href="mailto:Kristaserves@yahoo.com">Kristaserves@yahoo.com</a>
10	Social Secretary	House Keys	0724-053756	<a href="mailto:claudine_agp@yahoo.com">claudine_agp@yahoo.com</a>
11	Assistant Social Sec -	Talking Pussy		
12	Web Master	Morning Glory	0720-463723	<a href="mailto:gloriaanampiu@yahoo.co.uk">gloriaanampiu@yahoo.co.uk</a>
13	Song Master	War Lord	0722-760859	<a href="mailto:tundeidrc@hotmail.com">tundeidrc@hotmail.com</a>
14	Scribe	Nyamakima	0721857620	<a href="mailto:nhhhscribe@gmail.com">nhhhscribe@gmail.com</a>