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◦ Run 1675

# Nairobi Hash House Harriers

# hash trash

Nairobi Hash House Harriers  
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*Hares must critique the run following theirs so as to qualify for a hare mug. Send your critiques by Wed Morning*

## MONDAY RUNS

| Date     | Run # | Location  | Hares              | Critic   |
|----------|-------|---|--------------------|----------|
| Aug 25th | 1675  | The Hutch, Museum Hill (same compound as Club Afrique and Galileos) | Anthrax and Kamisi | Wet Fcuk |

Please note that Monday Aug 24th is CENSUS DAY and we want all of you to stay home to be counted – hence run is on Tuesday.

**Directions:** From Town take Uhuru highway, at the roundabout with Waiyaki way go up Museum hill. First left as you go up the hill is a compound with many clubs (Club Afrique, Galileos, etc. The hutch is the club at the far end of the parking lot where there are many kiosks)

**SUNDAY RUN:** Karen Hotel. Run starts at 4 pm. Registration from 3.30pm

**Directions:** From town, take Ngong Road, pass Ngong Race course, pass St Francis Church. Karen Hotel will be on your left opposite St. Christophers Secondary School.

## WEEKEND RUNS

| Date                    | Run                | Location                 | Hares         |
|-------------------------|--------------------|--------------------------|---------------|
| Aug 22 <sup>nd</sup>    | Hash Half Marathon | Karen                    | Hakuna Kitu   |
| Aug 29th                | Mt. Kenya Run      | Sportsmans Arms, Nanyuki | Mismanagement |
| October 3 <sup>rd</sup> | Naivasha Relay     | Crayfish Camp, Naivasha  | Mismanagement |



## CRITIQUE: Plumber and Big Horn

Run 1673

Carnivore

10th Aug 2009

Hares: Wet Fc\*k

Once again it was Monday and most wankers appeared at the Carnivore as early as 3pm hoping to see where the marks are in order to do those short cuts. Why the hell would i bother to do that and my aim is to run? I hope T balls can confess to that (victim).

Gather around was echoed by GM J Big at 5.40pm to good number of wankers, followed by the announcements. Check it out was just at the gate but believe me no wanker checked it out, reasons best known to them. Hares came to our rescue pointing those middle fingers while indicating to the left for the longs and shorts to the left and we were ON ON..

FRB`S were in for a shock, they did a full circle of the entire Carnivore be for they found the slow runners who were gladly almost half way to the hole.

The trail was fantastic due to very rough terrain, good dust cover thus no wanker was attacked by wild animals except for the few head on with the cattle which left us with a great scent of cologne.

Generally it was straight run with no check backs and eventually we arrived at Kismayu of which we were welcomed with repeated shouts of `On hole on hole!` by the skinny somali ladies who were just amused to see huge men in tight pants. The hole was wet wet wet thanks to Wet Fu\*k who made sure enough booze was at hand, unfortunately Withdrawal was unable to go back to carnivore, he was seen chatting to the somali lady... After covering 8kms instead of the annouced 11kms we were back at Carnivore quikely freshened up and sipping our Tusker the GM called for the down downs.

Several sinners were made to repend via down downs and since the RA one Gunslinger is still somewhere in the world searching for a vaccine for swine flu, we had a cocktail of RA`S. There were a few returnees and shamefully one virgine and one babtism.

Pardon me for not giving their names my attention was tempered with. After the down downs, we were served plenty of meat of which we were told it was wild beast but the 9 pm breaking news was of two zebras that were knocked down by a speeding car and within 10mins the zebras were in no sight.....

ON ON.....

**CHECK OUT**  
our website and  
give comments



Do you know anyone who  
doesn't receive the trash?  
Please forward his/her  
email address to  
nhhhscribe@gmail.com



Send text to **2525** with for  
the following info:

for Sunday run text \*311#

for Monday Run text \*312#

for Weekend Runs text \*313#

**5/= ONLY**

From the Archives



Mt Kenya Met Station



Taking a break on the way up Mt Kenya Run

**HUMOUR**



| <b>Mismanagement</b> |  |                    |                     |  |
|----------------------|--|--------------------|---------------------|--|
|                      | <b>Title</b>                           | <b>Name</b>        | <b>Social Line</b>  | <b>E-mail</b>  |
| 1                    | <b>Grand Master</b>                    | <b>Joe Big</b>     | <b>0722-207203</b>  | <a href="mailto:jkamau@emc-corp.net">jkamau@emc-corp.net</a>                         |
| 2                    | <b>2012 World Interhash Bid Master</b> | <b>Mpira</b>       | <b>0722-522892</b>  | <a href="mailto:mainakariuki@gmail.com">mainakariuki@gmail.com</a>                   |
| 3                    | <b>Trail Master</b>                    | <b>Strungi</b>     | <b>0722747712</b>   | <a href="mailto:JKanyarati@yahoo.com">JKanyarati@yahoo.com</a>                       |
| 4                    | <b>Kitty Keeper</b>                    | <b>Watchie</b>     | <b>0722-660535</b>  | <a href="mailto:esther.chege@africaonline.co.ke">esther.chege@africaonline.co.ke</a> |
| 5                    | <b>Religious Adviser</b>               | <b>Gun Slinger</b> | <b>0735-5555500</b> | <a href="mailto:GUNNAR@kobo-safaris.com">GUNNAR@kobo-safaris.com</a>                 |
| 6                    | <b>Recorder</b>                        | <b>Dreams</b>      | <b>0722-647939</b>  | <a href="mailto:pngugi@insurancebrokers.co.ke">pngugi@insurancebrokers.co.ke</a>     |
| 7                    | <b>Habberdasher</b>                    | <b>Brainless</b>   | <b>0722-415005</b>  | <a href="mailto:anita_lohnberg@yahoo.com">anita_lohnberg@yahoo.com</a>               |
| 8                    | <b>Flash &amp; Horn</b>                | <b>One Night</b>   | <b>0734-679089</b>  | <a href="mailto:Kristaserves@yahoo.com">Kristaserves@yahoo.com</a>                   |
| 9                    | <b>Social Secretary</b>                | <b>House Keys</b>  | <b>0724-053756</b>  | <a href="mailto:claudine_agp@yahoo.com">claudine_agp@yahoo.com</a>                   |
| 10                   | <b>Scribe</b>                          | <b>Nyamakima</b>   | <b>0721-857620</b>  | <a href="mailto:nhhhscribe@gmail.com">nhhhscribe@gmail.com</a>                       |



*World Inter Hash 2012  
Mombasa, Kenya*

<http://www.interhash2012kenya.com>